**Tsybulska V.V. Motivation of students of pedagogical specialties for physical education and sports classes.**

Annotation. The article deals with the problem of formation of non-special physical education of students of pedagogical specialties through the formation of motivation for physical culture and sports classes. The state of health of the high school students is analyzed. It is theoretically substantiated that the main problem of physical education at high school is the students’ need to achieve optimal moving regimes; it is statistically proved that the number of preparatory and special medical groups is increased during the period of study at higher education institutions. A theoretical analysis of literary sources concerning the formation of motivation for physical culture and sports was conducted.

One of the important tasks of the higher pedagogical educational institutions is the formation of the future teacher’s activity for physical education, which predetermines the initiative, purposefulness and determination. It is also an important means of improving physical and mental health and, at the same time, one of the indicators of the efficiency professional training process, since the teacher’s readiness for physical education, designed for the students, is an example for imitation.

Teachers act as direct organizers and educators, and it is they in the process of life and activity bring students to understanding norms, beliefs and ideas about a healthy lifestyle. Purposeful and systematic influence on the consciousness of schoolchildren forms the qualities of a healthy lifestyle in accordance with ideals and principles. The teacher's professional and pedagogical values are becoming a vital element of the schoolchildren values.

The main task in the process of teaching students is to activate their educational activities both in the system of organized and independent classes. The effectiveness of this activity depends on the motivation, that is, the set of factors, exciting, organizing and guiding the behavior of people to the success of the development and implementation of specific professional activities.

In the research works of the scientists it is noted that in the real pedagogical practice the majority of teachers' staff still do not have proper personal physical culture, which is shown in the indifferent or even negative attitude to various forms of exercises and sports. To a certain extent, this is due to the lack of understanding of the value of professional applied physical training for students.

**Key words:** students, pedagogical specialties, motivation, physical culture, sport, non-specialized physical education.

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