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**THE COMPETENCE APPROACH FOR THE PROFESSIONAL TRAINING OF FUTURE TEACHERS OF PHYSICAL CULTURE FOR THE PHYSICAL-HEALTH-CARE WORK AT HIGH SCHOOL**

The article reveals the content of the professional training of future teachers of Physical Culture for the physical-health-care work at school. The author makes stress on that fact that the development and improvement of the system of high education of Ukraine provides the high quality of teaching and education of the students’ youth, better theoretical and practical training of future teachers of Physical Culture for the professional activity, comprehensive development of their mental and physical powers, formation of the national self-consciousness. Ukraine’s integration into the world educational environment requires the constant improvement of the national system of high physical education and the research of effective ways of increasing quality of the educational services.

Within the modern period it is very important the development of new approaches for the improvement of effectiveness of professional training of future teachers of Physical Culture for the physical-health-care work at high school which will enable to form the competitive specialists for the labor market. They will be able to develop professionally constantly and to realize the whole spectrum of the professional duties.

The implementation of the competence approach within the professional training of Physical Culture’s future teachers for the physical-health-care work at high school is caused due to the compliance with conditions, such as: recognition of didactic specifics by the future teachers of Physical Culture (which is in the notion of the term “competence”); definition of requirements for the final level of formation professional competence and its major stages; sequence of realization of the competent approach at different levels of formation content of the physical-health-care work.

Realization of the competence approach within the professional training of future teachers of Physical Culture is directed on the formation of the high educational establishments’ professional competence of graduates; on the complex mastering knowledge and ways of physical-health-care work at high school, due to which young people will realize themselves successfully in the health-care activity.

**Key words:** competence approach, professional training, future teachers of the Physical Culture, physical-culture-health-care work, high school.

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