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**THE CONCEPTUAL APPARATUS FORMATION OF READINESS OF FUTURE TEACHERS OF THE PHYSICAL CULTURE TO PROFESSIONAL SELF-REALIZATION IN HEALTH-IMPROVING ACTIVITIES**

**ABSTRACT ARTICLE**

The purpose of the article is to characterize the conceptual apparatus of forming the readiness of the future teachers of physical culture for professional self-realization in health-improving activities.

The concept of «forming the readiness of the future teachers of physical culture for professional self-realization in health-improving activities» is seen as a process of acquiring skills by students, which will ensure them effective implementation of their abilities, the disclosure of their creativity, mastering certain social experience, improving professional skills and improving in the profession aimed at the involvement of pupils in physical exercises at the lessons of physical culture, at carrying out of sports-improving actions in a mode of the educational day, out-of-class and out-of-school physical culture and health-improvement work.

The concept of «readiness of future teachers of physical culture for professional self-realization in health-improving activities» is viewed as an integrative dynamic personality education that determines the attitude toward solving pedagogical tasks related to strengthening and preserving the health of schoolchildren, increasing their motor activity and level of physical development.

**Keywords:** formation of readiness, future teachers of the physical culture, professional self-realization, health-improving activities.

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