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**Health-saving education as a way of solving the problem of preserving and strengthening the health of schoolchildren.**

The health of the rising generation is an indicator of the health of the nation, which is one of the characteristics of the socio-economic, moral and cultural development of society. Because health depends on unity of training and education, it is important to form the healthy paradigm in educational activities, to solve the problem of creating an integrated system of healthy-way education.

In modern conditions of schooling, pupils are involved in an activity, which is characterized by a high level of mental and physical stress. Intense rhythm of schooling leads to neurotic reactions, psychogenic disorders. Modernization of the content of school education provides its orientation on the protection and promotion of the health of schoolchildren by means of the educational process. Significant role in this belongs to the teacher. Analysis of school and university practice indicates a low level health-saving activity of pupils and students - future teachers. Therefore, during the high school training the professional and pedagogical training of students - future teachers should focus on the formation of students' readiness for a health-saving of pupils. Preparing of the future teachers to a health-saving activity and development of students' healthy lifestyle – is a purposeful, systematic, organized process of creating a sustainable motivation of health protection and the need for a healthy lifestyle.

The article is interpreted the teacher’s role in the formation of health-saving pedagogy in comprehensive school, actualized the problem of health-saving of pupils in teaching, the essence and the role of health-saving activity of the teacher is disclosed, the essence of the concepts "health-saving educational environment", "health-saving of pupils", "health-saving education", "health-saving activity of teacher", "technologies", "health-saving technologies", "health-saving educational technologies" are highlighted, the approaches to the implementation of health-saving educational technologies are lighted and grounded, the pedagogical conditions of successful providing of health-saving education are substantiated.

The article actualized the problem of the pedagogical cooperation "teacher- student" is seen as a strategy to prepare future teachers to the health-saving education of pupils of secondary schools.

**Key words:** health-saving education, health-saving activity of the teacher, health-saving technologies, the pedagogical conditions of successful providing of health-saving education, pedagogical cooperation, the readiness of future teachers to the health-saving education of pupils of secondary school.