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**ANALYSIS OF PROFESSIONAL ACTIVITY INFLUENCE ON THE HEALTH OF TEACHERS**

The problem of preserving and improving the health of teachers is an important task of the educational process.

Influence of teacher's professional activity on the state of his health should be explored. Conditions necessary for the development and realization of creative potential of teachers were determined.

Lifestyle and indicators of professional health of teachers Prymorsk Regional Ukrainian Bulgarian Lyceum was analyzed.

In the course of the study:

Analysis of anthropometric indices of teachers Lyceum was carried out.

Diagnosis of the health status of teachers was conducted.

The structure of somatic diseases of teachers was analyzed.

Violations of the visual analyzer and dysphonia among teachers as examples of occupational diseases were considered.

Body mass index corresponds to the age and gender for the majority of teachers of the Lyceum. Neurological and ophthalmological diseases prevail in the structure of somatic diseases teachers. These diseases are professional. Biological age of teachers coincides with the calendar age in most cases.

Teachers of senior and junior classes have a high level of reduction of visual acuity and manifestations dysphonia. Vocal apparatus of primary school teachers gets a big load in comparison with the vocal apparatus high school teachers.

Specific distribution of somatic diseases among workers of different professions in the field of work and interaction with people is detected.